## Ageing in Place: A Holistic Perspective

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## Housing and home for older people

- Supporting independence or ...
- All change! Transitioning: houses, homes and people
- The role of technology and human contact
- Staying connected
- House as more than a house with 4 walls!
- Ageing in the right place

#### Home and community

Nesting home in community

Tangling the physical, social
and psychological

Regenerating housing, communities AND people?

Voicing and making a difference Influencing policy and practice



# Age friendly cities and communities project

- PlaceAge. Place-Making with Older Adults: Towards Agefriendly Cities and Communities (May 2016-19)
- 10 universities, 6 cities, 18 neighbourhoods across the UK and Brazil. Now expanded to a further 3 cities in India.
- Aim to capture the experiences of older adults living in diverse urban, social and cultural contexts and translate this into effective policy and practice.
- Understanding experiences: Survey, interviews, photo diaries, walk-abouts.
- Translating experiences into policy: Stage 1-Participatory mapping. Stage 2: Knowledge cafes. Stage 3: Policy workshops
- Twitter @placeage / Website http://placeage.org/en/people



## Age friendly cities and communities project





#### Making age friendly communities

#### Housing and home

Loneliness and connectedness

Privacy, safety and security

Independence and autonomy

Caregiving

Remembering and making memories

Coping with health and sensory impairment

Managing transitions and renegotiating home

#### Building community

Banking and living: The importance of everyday interactions

Social participation

Volunteering and local leaders

Infrastructure and environment

Transient populations

Busy lives and good neighbouring

Places and spaces: Supermarkets, churches and libraries

Facilities and resources

#### Living a good life

Transportation, and mobility

Information and communication

Digital divides and digital identities

Intergenerational opportunities

Dependency, inter-dependency and contributing

Place belonging

Active place-makers

Green spaces and outdoor places

## Where do we go from here?

Crafting everyday experience into policy

Complexities and hiccups

Working across sectors

Translating housing options in old age

Asking basic questions: Why, where and who for?